

Schedule Epitome
03 Dec 2018 - 09 Dec 2018

Studio : All Studio

Class : All Class

Time : All Time

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
07:00 - 08:00							
08:00 - 09:00				• Mind & Soul - Athletic Yoga: Total ...			
09:00 - 10:00		• Group Studio - Fighting-X	• Group Studio - Zumba	• Group Studio - Krumping			
10:00 - 11:00							
11:00 - 12:00							
12:00 - 13:00							
13:00 - 14:00							
14:00 - 15:00							
15:00 - 16:00							
16:00 - 17:00							
17:00 - 18:00							
18:00 - 19:00	• Group Studio - Total Muscle Strengt...				• Power Athletic - Power Athletic		
19:00 - 20:00		• Mind & Soul - Athletic Yoga: Stabil...	• Group Studio - TRX	• Group Studio - MAF Muaythai			
20:00 - 21:00							